



# Metric Conversion Guide: Knitting & Crochet

## KNITTING NEEDLES

| If it says... | Convert to... |
|---------------|---------------|
| 0 (U.S)       | 2 mm          |
| 1             | 2.25 mm       |
| 2             | 2.75 mm       |
| 3             | 3.25 mm       |
| 4             | 3.5 mm        |
| 5             | 3.75 mm       |
| 6             | 4 mm          |
| 7             | 4.5 mm        |
| 8             | 5 mm          |
| 9             | 5.56 mm       |
| 10            | 6 mm          |
| 10½           | 6.5 mm        |
| 11            | 8 mm          |
| 13            | 9 mm          |
| 15            | 10 mm         |
| 17            | 12 mm         |
| 19            | 16 mm         |
| 35            | 19 mm         |
| 50            | 25 mm         |

## CROCHET HOOK

| If it says... | Convert to... |
|---------------|---------------|
| B-1           | 2.25 mm       |
| C-2           | 2.75 mm       |
| D-3           | 3.25 mm       |
| E-4           | 3.5 mm        |
| F-5           | 3.75 mm       |
| G-6           | 4 mm          |
| 7             | 4.5 mm        |
| H-8           | 5 mm          |
| I-9           | 5.5 mm        |
| J-10          | 6 mm          |
| K-10½         | 6.5 mm        |
| L-11          | 8 mm          |
| M/N-13        | 9 mm          |
| N/P-15        | 10 mm         |
| P/Q           | 15 mm         |
| Q             | 16 mm         |
| S             | 19 mm         |

## LENGTH

| If it says... | Convert to.. |
|---------------|--------------|
| 1/8"          | 3 mm         |
| 1/4"          | 6 mm         |
| 1/3"          | 8 mm         |
| 3/8"          | 10 mm        |
| 1/2"          | 12 mm        |
| 5/8"          | 16 mm        |
| 2/3"          | 17 mm        |
| 3/4"          | 19 mm        |
| 1"            | 25 mm        |
| 2"            | 50 mm        |
| 3"            | 76 mm        |
| 4"            | 102 mm       |
| 5"            | 12.7 cm      |
| 6"            | 15.2 cm      |
| 7"            | 17.8 cm      |
| 8"            | 20.3 cm      |
| 9"            | 22.8 cm      |
| 10"           | 25.4 cm      |
| 11"           | 27.9 cm      |
| 12"           | 30.5 cm      |
| 1 yard        | 91.4 cm      |
| 10 yards      | 9.1 m        |
| 50 yards      | 45.7 m       |
| 100 yards     | 91.4 m       |
| 500 yards     | 457.2 m      |
| 1,000 yards   | 914.4 m      |








## WEIGHT

| If it says... | Convert to... |
|---------------|---------------|
| 1 ounce       | 29 g          |
| 1¾ ounces     | 50 g          |
| 3½ ounces     | 100 g         |
| 4 ounces      | 113 g         |
| 5 ounces      | 142 g         |
| 6 ounces      | 170 g         |
| 7 ounces      | 198 g         |

1" = 1 inch

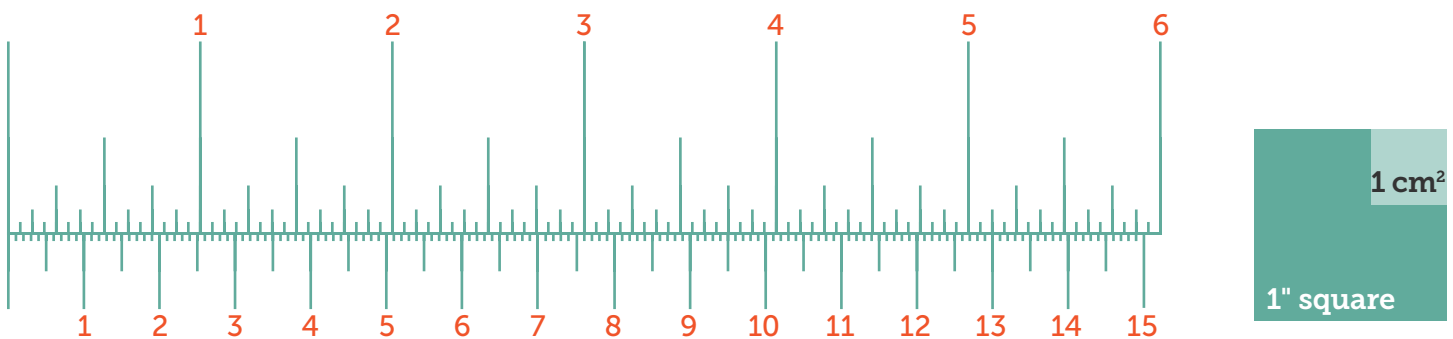
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|   |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|
| Yarn Weight Category Names                        | LACE  | SUPER FINE  | FINE  | LIGHT   | MEDIUM  | BULKY   | SUPER BULKY   |
| Type of Yarns in Category                         | Fingering 10-count crochet thread   | Sock, fingering, baby   | Sport, baby   | DK, light worsted   | Worsted, afghan, aran   | Chunky, craft, rug  | Bulky, roving   |
| Knit Gauge Range* in Stockinette to 4" (10 cm)    | 33–40** sts   | 27–32 sts   | 23–26 sts   | 21–24 sts   | 16–20 sts   | 12–15 sts   | 6–11 sts  |
| Recommended Metric Needle in Metric Size Range    | 1.5–2.25 mm   | 2.25–3.25 mm  | 3.25–3.75 mm  | 3.75–4.5 mm   | 4.5–5.5 mm  | 5.5–8 mm  | 8 mm and larger   |
| Recommended U.S. Needle                           | 000–1   | 1 to 3  | 3 to 5  | 5 to 7  | 7 to 9  | 9 to 11   | 11 and larger   |
| Crochet Gauge Range* in Single Crochet 4" (10 cm) | 32–42 double crochets   | 21–32 sts   | 16–20 sts   | 12–17 sts   | 11–14 sts   | 8–11 sts  | 5–9 sts   |
| Recommended Metric Hook                           | 1.6–1.4 mm, 2.25 mm   | 2.25–3.5 mm   | 3.5–4.5 mm  | 4.5–5.5 mm  | 5.5–6.5 mm  | 6.5–9 mm  | 9 mm and larger   |
| Recommended U.S. Hook                             | Steel: 6, 7, 8 or B1  | B1–E4   | E–4 to 7  | 7 to I–9  | I–9 to K–10½  | K–10½ to M–13   | M–13 and larger   |

Source: [craftyarncouncil.com/weight.html](http://craftyarncouncil.com/weight.html)

*\*Guidelines Only: The above reflect the most commonly used gauges and needle or hook sizes for specific yarn categories. \*\*Lace weight yarns are usually knitted or crocheted on larger needles and hooks to create lacy, openwork patterns. Accordingly, a gauge range is difficult to determine. Always follow the gauge stated in your pattern.*



END